

HEALTH AND BENEFITS



CUPE 3903 has a variety of benefits and funds that are available to members. All of these entitlements arise from past rounds of bargaining. No one gives them to us!

Current 3903 members are enrolled in the Sun Life **BENEFITS PLAN**. New members must enrol (or you—ya, you, too—if you haven't had a contract within the past four months). New members who want coverage for September can only get it if you submit your paperwork by the end of the month. Wait until after that and you're only covered from the date that your paperwork is processed.

It covers:

- ★ **Vision Care:** \$400 every two years, from date of purchase, on a 24 "rolling" month basis. It includes frames and lenses, contacts, and one eye exam every two years. You may also put this amount toward laser eye surgery
- ★ **Dental Care:** Up to \$2000.00 in dental expenses for the first year of coverage, \$3,000 every year after that; 100% of oral examinations, cleaning, scaling, fillings, removals, and most x-rays; 80% of periodontic (gums and jaw) surgical services; 85% of bridges, crowns; 100% of root canal therapy... pretty good!
- ★ **100% of the cost of prescription drugs** (generic, but the brand names are covered with a doctor's note)
- ★ **Paramedical services...** licensed Massage Therapists, Psychologists, Physiotherapists, Naturopaths, Chiropractors, and Podiatrists up to \$500 (for each service) per year for each person on your plan
- ★ Oh, right! **These benefits cover not only you, but also your dependents** (spouses, common-law and same-sex partners, and children)

Additional funds are available through the **EXTENDED HEALTH BENEFITS FUND** that is administered by CUPE 3903. This is for things not covered by the benefits plan or it can help you cover costs if you go over what it covers. And more! Homoeopath / naturopathy, acupuncture, orthotics, travel health insurance, assistive devices, ongoing regimens of therapy or unexpected health costs resulting from a sudden accident or injury... emergencies or planned health care needs. You can get assistance!

So don't delay. Your plaque-induced periodontal inflammation isn't going to address itself, you know. Visit the Benefits and Funds page at <http://3903.cupe.ca> for deadlines, application processes, and full details of both the PLAN and the FUND.



Representing, Organizing, & Activating the Contract Faculty, Teaching Assistants, Graduate Assistants & Research Assistants @ York University, Toronto, Canada

Canadian Union of Public Employees / Syndicat Canadien de la Fonction Publique Local / Section Locale 3903

<http://3903.cupe.ca>